

News from the Federation – 16th October 2020

We are fast approaching the end of this half term and would like to remind everyone to remember to come dressed appropriately for the changing weather. Warm clothes and coats would be a great help against the cold.

Parent Consultation

As you can appreciate, we will not be able to hold our usual face to face parent meetings where we discuss your children's progress. Instead, we are going to be offering parents the opportunity to book a scheduled online meeting during the week beginning 9th November. The bookings for these meetings will be open next week and we will be sending you further information on how to do this shortly.

Social Distancing

We work hard to maintain social distancing at school and notice that many children are playing in the park outside Trumpington Meadows and are not following the rule of six. Please help to limit the transmission of COVID by adhering to the government's guidance. We must all work together to continue to reduce the spread of the virus and keep everyone safe.

Smart Phones and Smart Watches

Please may we remind you that children are not permitted to use or bring smart watches and phones to school. Remember to leave these valuable items at home each day.

Wraparound Care

We are delighted to announce that our Breakfast and After School Clubs are up and running at both schools. If you require further information, please contact the relevant school office who will pass your information onto the relevant member of staff.

Flu Vaccinations

Flu vaccinations will take place in school after half term. We have been made aware that some parents are concerned that if their child develops a high temperature after having the vaccine, they won't know whether to isolate and book a test or not for Covid-19.

[This poster](#) emphasises why it is important to get the flu vaccine and this link <https://www.nhs.uk/conditions/vaccinations/child-flu-vaccine/> may be useful too.

The nasal spray flu vaccine can cause a mild fever which should respond to paracetamol. This does make it difficult to distinguish from Covid. However, the important thing is the timing - does it occur soon after the vaccination, in which case it is more likely to be due to the vaccine. Giving the child a flu vaccine means that the family is less likely to get flu.

Travel Corridor

With half term approaching, we understand that many of you will be travelling abroad for a well - deserved break or to see family. Please find the list of countries, territories and regions from where you can travel to England and may not have to self-isolate on the following link. This may be subject to change with the rapid spread of COVID.

<https://www.gov.uk/guidance/coronavirus-covid-19-travel-corridors>

Term Dates/School Closure Dates

Half Term:
Monday 26th October – Friday 30th October

Start of second half of the Autumn term:
Monday 2nd November

Flu Vaccinations YR- Y6
Thursday 12th November TM
Monday 7th December Fawcett

Last day of Autumn Term:
Friday 18th December

Swimming Pool Progress

The school pool has started being renovated and is taking shape.



Non-COVID
symptoms:



- A RUNNY NOSE?
- SNUFFLES?
- SORE THROAT
WITH NO FEVER
OR COUGH?



Send them to school
as normal if you feel
they are well
enough.

COVID symptoms:



- A NEW CONTINUOUS COUGH?
- A HIGH TEMPERATURE?
- COMPLETE LOSS OR
CHANGE OF SMELL OR
TASTE?



Protect them and others by keeping
them off school. Dial 119 or go to
www.gov.uk/coronavirus to arrange
a test. Your household and child
should self-isolate until you have the
results.



AT ANY TIME, IF YOUR
CHILD DEVELOPS
UNRELATED
SYMPTOMS THAT
WORRY YOU ENOUGH
TO KEEP THEM OFF
SCHOOL



Contact your GP
or call NHS 111

If your child displays unrelated symptoms, such as a runny nose or sore throat, you should act in the same way as you would have done before the pandemic. This may involve sending your child to school or keeping them at home, depending on the nature and severity of symptoms. Seek medical advice via your GP or 111 as you normally would. If your child has sickness or diarrhoea they should not return to school until 48 hours after the last bout of this.

If your child has any Covid-19 symptoms you need to take the following steps:

1

Start Isolating

Child and household start isolating



2

Book a test for your child

Household doesn't need a test unless they develop symptoms
NHS.co.uk/coronavirus or call 119

3

Positive for Covid-19

→ Child completes 10 days isolation, household completes 14 days
isolation

Negative for Covid-19

→ Child can return to school if well and no one in the household or
support bubble has symptoms or have been asked to isolate by
NHS Test & Trace.

For details: <https://www.nhs.uk/conditions/coronavirus-covid-19/self-isolation-and-treatment/when-to-self-isolate-and-what-to-do/>

If your child has been in close contact with someone who tests positive:

1

Child must isolate for 14 days

2

If your child develops symptoms, book a test

Child and household isolate till test result
NHS.co.uk/coronavirus or call 119

3

Positive for Covid-19

→ Child must begin new 10 day isolation whilst household
completes 14 days isolation

Negative for Covid-19

→ Child completes 14 days isolation, household ends isolation.

Do you know the rules around when to self-isolate?

Do it for the ones you love and care about.
Do it to avoid a second damaging lockdown.

If you don't follow the rules you could spread Covid-19 to family, friends and work mates AND you could be fined.

You need to self-isolate if:

1 You or someone in your home has one or more of the symptoms of coronavirus



A high temperature



A new cough that does not stop (continuous)



A loss of smell or taste

2 You have been asked to self-isolate as a result of being contacted by NHS Test and Trace



3 You have returned from a country which is on the quarantine list www.gov.uk/guidance/coronavirus-covid-19-travel-corridors



4 If you test positive for Covid-19 or have been in contact with someone who has – **BY LAW** you **MUST** self-isolate

How long for:

- At least 10 days if you have symptoms or have tested positive. The 10 days starts from when symptoms began. If you don't have symptoms, the 10 days start from when you test positive
- 14 days if you live with someone who has symptoms or has tested positive. The 14 days start from when symptoms began, or from the date of the positive test for those who don't have symptoms



Need help to self-isolate?

- Support is available for some people who cannot work from home and will lose income if they need to self-isolate. For more information please call 0345 045 5219



For updates and advice please check our websites which will be regularly updated www.cambridgeshire.gov.uk and www.gov.uk