

# Trumpington Meadows Community Hub

## All welcome for fun, friendship and food

Join us every Friday, term time from  
**10:00am to 12pm** at **Trumpington  
Meadows Community Rooms**.

The Trumpington Meadows Community Hub is a partnership between the charity Connected Lives, NHS Social Prescribers and bpha. We provide a safe space where people of all ages can join the community every week.

## We offer

- Brunch – porridge, croissants, muffins, yoghurts and fresh fruit
- Storytelling, singing and craft sessions
- Mental health and wellbeing support
- Community pantry
- Housing and cost of living support
- Support sessions for health, cooking and more
- Chance to make new friends, socialise and connect with people
- Shared car lift by Trumpington Car Share Scheme upto 4 people.



For more information please contact:  
[communityengagement@bpha.org.uk](mailto:communityengagement@bpha.org.uk)

