



What could help me understand my teenager better?

CAMBRIDGESHIRE
SKILLS

JOIN OUR NEXT PARENTING COURSE **'Talking Teens'**

Understanding Teenagers

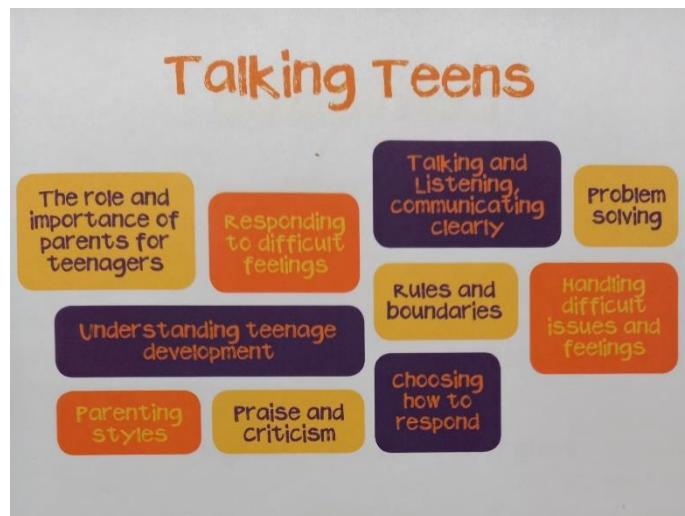
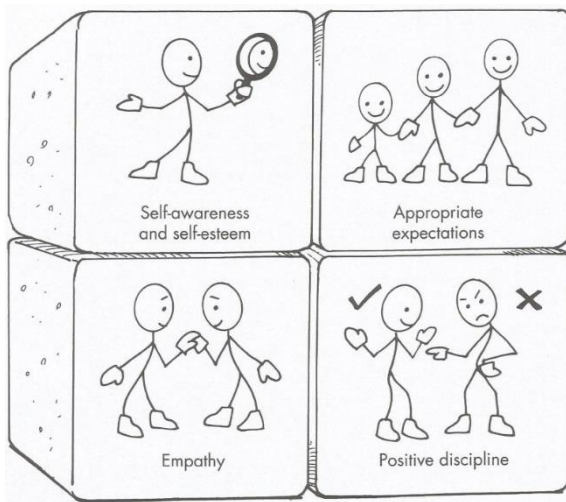
The nurturing programme's 4-week course is FREE!

Starting: Thursday 23rd January 2025

Ending: 13th February 2025

7.30pm to 9.30pm

Akeman Street Community Centre, Cambridge CB4 3HG



Have you ever wondered why teenagers want to sleep so much, or why they can seem to be so sensible and grown up one day and child-like or irresponsible the next? Or what's the best way to manage all the difficult feelings around, yours as well as theirs?

Register your interest or sign up by contacting 'Talking Teens' Course Leaders – Ros and Sarah
Email northcambridgeparentingpuzzle@gmail.com

Family Links Registered Charity 1062514