The Trumpington Federation

Newsletter



News from the Federation 10th October 2025



Today is Mental Health Awareness day and the children have been thinking about happiness in assembly and in their classes to highlight the significane of positive mental health. We work hard with the children to educate them on emotional regulation and positive mental health as part of their education. As you already know, we use the Zones of Regulation in class to identify our feelings and to learn strategies and ways that we can regulate our emotions and then move ourselves into the calm zone where the best learning takes place. This can be difficult and complex for some.

It is very common that children experience worries and anxiety at some point in their childhood and I firmly believe that supporting children to understand their emotions, thoughts and troubles is an essential skill for life and for positive mental health. We teach this in school and I have been pracitisng this with my own primary school aged child in recent weeks. There are so many fantastic books and resources that can be used at home to supplement the teaching we do in school. If your child is struggling, please talk to the school. Working in partnership will give the best possible start for our children. What did you do today that gave you joy?

Mrs Calverley

Year 6 trip to Duxford:

Last week, Year 6 visited Duxford. They had a chance to explore the Battle Of Britain hangar and see planes that were involved in this historical event and imagine what life might have been like for people living through the war by sitting in an Anderson Shelter and learning about Doodle Bugs. The Year 6s also created documentaries on the exhibits that they saw in the American Air Museum. A great day of fun, learning and exercise.



is also something that you can reinforce at home.



Safeguarding Alert

We have been made aware of a potential issue with a website link found in some copies of the **Spy Dog** children's books by Andrew Cope. The web address has been taken over by a third party and now leads to an adult pornographic site. Consequently, the publisher Puffin and author Andrew Cope have halted sales and distribution of these books and are working to have the site removed through legal channels. The publishers are aware and have recommended withdrawing all copies of the book. If you have a copy of these books at home, our advice would be to simply remove the page from the book. We have informed all staff at school and will be following our own advice. We are using this as a good opportunity to remind children about safer internet

use and telling a trusted adult if they have accidentally visited an inappropriate site, this

Dates and Events

These can be found on our website using the link:

https://www.trumpingtonfederatio n.co.uk/page/?title=Term+Dates&pi d=133

Term Dates:

Wednesday 15th October, Year 5 food waste workshop (in classrooms)

Thursday 16th October, Kings Class to Clay Farm

Friday 17th October, 1:30pm, Parent Working Party for OPAL

Tuesday 21st October, Fitzwilliam Class to Clay Farm

Wednesday 22nd October, 3:10pm, Year 5 Cake Sale

Thursday 23rd October, 3:10pm, Year 3 hot chocolate sale.

24th October, last day of half term (24th-31st Oct half term break)

Friday 31st October, deadline for secondary school admissions

3rd November, welcome back to school for the start of the second half of the autumn term

Friday 17 th October @ 1:30pm,OPAL Working Party: We hope that as many adults as possible will be able to join us next Friday to support us in maintaining our plantinum OPAL standard. There are lots of jobs that need doing in the grounds so your time will be put to good use! Refreshements will be provided; if you have a spade, please do bring this along too! Please could you email Clare Wilkinson — cwilkinson@trufed.org.uk if you are able to join us.
Keeping school records in order: This is an important reminder to all families to help us keep your child's information up to date. Please do let the school office know of any changes as soon as possible e.g. medical or dietary needs, change of address etc.