



**CAMBRIDGE CITY
CHILD AND FAMILY CENTRE**

WHAT'S ON



April 2026

Welcome to our Child & Family Centres.

We aim to provide families of all abilities, identities and cultures with the support and information they need and to ensure our centres and zones are friendly and welcoming places for all. There is a small charge for some groups, but please let us know if payment may be difficult.

Things you need to know...

Charging

Some groups have a charge of £2 per family, per session, although families on a low income will be eligible for free entry. Please pay in cash on the day.

Charges for childminders - £2 per childminder and own family plus £1 for any minded child or £1 per childminder if not bringing own family members plus £1 for any minded child.

Privacy Notice

The Child and Family Centre holds information about the families and individuals we support for the purposes of monitoring, evaluation and future planning of the Child and Family Centre's services, as part of Cambridgeshire County Council.

The information will be held in accordance with the General Data Protection Regulation (GDPR). Further information is available on the Cambridgeshire County Council's website www.cambridgeshire.gov.uk (search Privacy Notice)

Booking

Booking is essential for some session and spaces are limited.

Please call 01223 728118 or email childandfamilycentre.city@cambridgeshire.gov.uk or message us on Facebook

In April we will be thinking about

Autism Acceptance Month & Care Experienced History Month



If you would like to celebrate something important to you with other people who use our services please let us know.

If you would like to be kept up to date about our activities by email, please ask to join our mailing list to receive the What's On each month.

Monday				
Mini Explorers 10am – 11.30am 	Weekly	Outdoor sessions in our local area, for all ages. Please bring a snack and dress for the weather! <i>13 April – Signs of spring at Bramblefields</i> <i>20 April – spring gardening at Chesterton CFC</i> <i>27 April - #9- Mini Beasts and Bug Hunting (at Green End Road Park) of the 50 Things to do before you're 5 app.</i> To book please call, 01223 728118 or email us.	B £	Chesterton Child and Family Centre
Mondays Together 10am - 12.30pm (children up to 4yrs) 1pm – 3pm (up to 1 year old)	Weekly	Group run by Kings Hedges Family Support Project Please feel free to drop in. If it is your first time attending, you are welcome to call our project manager for a chat or to gain further information in 07809 727222.		The Fields Child and Family Centre
Rhyme Time @ Clay Farm Centre Toddler: 10am - 10.30am Baby: 11am - 11.30am	Weekly (Term Time Only)	No booking required. Library and café open 9.30am to 12pm. No session – 20 April		Clay Farm Centre
Stay and Play 4pm – 6pm	Weekly	A twilight Stay and Play session for children aged 0 – 10 years. To book please call, 01223 728118 or email us.	B £	North Cambridge Child and Family Centre
Bedtime Routines workshop 7pm – 8pm	13 April	An online workshop for parents of children aged 3 and under, covering bedtime routines. To book, please call, 01223 728118 or email us.	B	Online - Teams

Tuesday				
Tiniest Rainbows 9.45am – 10.30am	14, 21 & 28 April	Come and enjoy songs and rhymes in a sensory environment with your little one's age 0-12 months. To book, please call, 01223 728118 or email us.	B £	North Cambridge Child and Family Centre
Clothing Swap 10.30am – 11.30am	14, 21 & 28 April	An opportunity to exchange your child's clothes. Please bring any 0-5 children's clothes in good, clean condition that you would like to swap. If you do not have anything to exchange yet, still come along and choose up to ten items on your first visit. No booking required.		North Cambridge Child and Family Centre
Stay and Play 10am – 11.30am	Weekly	Stay and Play session for children aged 0 – 5 years. <i>14 April - Join us for activities based on #17 – Hocus Pocus Potions, of the 50 Things to do before you're 5 app. To find out more log into the app.</i> To book, please call, 01223 728118 or email us.	B £	Fawcett Child and Family Zone
Toy Library 9.30am - 11.30am	Monthly - 7 April	Come along and play with our wide selection of toys, which you can borrow for up to a month for 50p. Contact us for more information. No booking required.		Brown's Field Youth and Community Centre, Green End Road, CB4 1RU
Tiniest Feet 10.30am – 12pm 	Weekly	For parents-to-be and parents with pre-walking babies. Meet other parents and access support and advice from the Child and Family Centre team. No session – 21 April <i>14 April - Join us for activities based on #8 – Bubbles, of the 50 Things to do before you're 5 app. To find out more log into the app.</i> To book, please call, 01223 728118 or email us.	B £	Chesterton Child and Family Centre

B = Booking Required, R = Invite Only, £ = Charge applies

Tuesday continued

Sing a Rainbow 1.30pm – 3pm	14, 21 & 28 April	Sing, sing, dance and play to children's songs and rhymes. Fun with instruments, puppets, parachute, singing, signing and dance whilst supporting musicality, language, and motor skills. <i>1.30pm – 2pm – Free play and catch-up time with assorted instruments.</i> <i>2pm – 2.45pm – Circle Time.</i> To book, please call, 01223 728118 or email us.	B £	Chesterton Child and Family Centre
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Wednesday

Wobblers to Walkers 10am – 11.30am 	Weekly	For mobile babies up to 3 years old, focusing on activities that encourage physical development. <i>15 April - Join us for activities based on #36 – Ready, Steady, Blow, of the 50 Things to do before you're 5 app. To find out more log into the app.</i> To book, please call, 01223 728118 or email us.	B £	North Cambridge Child and Family Centre
Sensory Babies 10am – 11.30am	22 April	Fun- filled sensory sessions for babies who are pre-mobile. Activities aimed at helping children to develop and improve their motor skills, co-ordination and concentration. To book, please call, 01223 728118 or email us	B £	Fawcett Child and Family Zone
Stay and Play pop-up 10am – 12pm	01 & 08 April	Stay and Play session for children aged 0 – 5 years. Older siblings welcome. To book please call, 01223 728118 or email us.	B £	The Fields Child and Family Centre
La Leche Breastfeeding Drop In 10am – 12pm	22 April	Breastfeeding support and guidance from Le Leche No booking required.		The Fields Child and Family Centre
Rhymetime 10.30am – 11.15am	15 April	Join us for a selection of animal themed songs and rhymes. No need to know the words or even the tune, just bring along your children and have fun! Aimed at infants from birth to 18 months, but everyone is welcome. No booking required.		Cherry Hinton Library
Bookstart Stay and Play 10.30am – 11.30am	22 April	Join us for a fun and engaging <i>Storytime Stay and Play</i> session at Central Library! For children aged 0 to 5 years, these sessions combine the magic of stories with playful activities to support early learning and development. It's a great opportunity for little ones to explore, play, and make new friends—while parents and carers enjoy a welcoming space too. No booking required.		Every Space Community Hub, Third Floor, Central Library, 7 Lion Yard, CB2 3QD

Wednesday continued

Introducing Family Foods 1pm – 2pm	15 April	A workshop to find out more about how to start introducing your baby to solid foods. Suitable for families with babies from 5 months. To book, please call, 01223 728118 or email us.	B	Fawcett Child and Family Zone
Stay and Play 1.30pm – 3pm 	Weekly	Stay and Play session for children aged 0 – 5 years. <i>15 April - Join us for activities based on #19 – Growing Little People, Plants and Things, of the 50 Things to do before you're 5 app. To find out more log into the app.</i> To book please call, 01223 728118 or email us.	B £	Chesterton Child and Family Centre
Bedtime Routines workshop 7pm – 8pm	15 April	An online workshop for parents of children aged 3 and under, covering bedtime routines. To book, please call, 01223 728118 or email us.	B	Online - Teams

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Thursday				
Story Time 10.30am - 11.15am	Weekly	Stories, rhymes and Toys, with Child and Family Centre and Library staff. For ages 0 to 5 years. <i>2 April – Spring Fun!</i> <i>23 April – The Reluctant Dragon</i> No booking required.		Arbury Court Library
Stay and Play 10am – 11.30am 	Weekly (Term Time Only)	Stay and Play session for children aged 0 – 5 years. <i>No session – 16 April</i> <i>30 April - Join us for activities based on #25 – Creative Junk, of the 50 Things to do before you're 5 app. To find out more log into the app.</i> To book, please call, 01223 728118 or email us.	B £	Bewick Bridge Child and Family Zone
Wobblers to Walkers 10am – 11.30am 	Weekly	For mobile babies up to 3 years old, focusing on activities that encourage physical development. <i>16 April - Join us for activities based on #36 – Ready, Steady, Blow, of the 50 Things to do before you're 5 app. To find out more log into the app.</i> To book, please call, 01223 728118 or email us.	B £	Fawcett Child and Family Zone
Stay and Play 10am – 11.30am	02 & 09 April	A Stay and Play session for children aged 0 – 5 years. To book, please call, 01223 728118 or email us.	B £	Chesterton Child and Family Centre
Stay and Play 1.30pm – 3pm 	Weekly	A Stay and Play session for children aged 0 – 5 years <i>9 April – Spring messy play</i> <i>16 April – Join us for activities based on #19 – Growing Little People, Plants and Things, of the 50 Things to do before you're 5 app. To find out more log into the app.</i> To book, please call, 01223 728118 or email us.	B £	North Cambridge Child and Family Centre
Storytime 3.30pm - 4.30pm	weekly	Stories, rhymes and crafts with Child and Family Centre staff. For ages 18 months plus. <i>2 April – Spring Fun!</i> <i>16 April – Stories, rhymes and Star Gazing with the Whipple Museum.</i> <i>23 April – The Reluctant Dragon</i> No booking required.		Milton Road Library

Friday				
Five to Thrive Friday Posted at 10am	Weekly	The things you do every day that help your child's growing brain'. We will be sharing activity ideas to help you use Five to Thrive in your everyday routine with your baby. The ideas are very simple and can be recreated using items you probably already have around the house.		Posted on Facebook
Stay and Play 10am - 11.30am 	weekly	Stay and Play session for children aged 0 – 5 years. <i>No session – 17 April</i> <i>24 April - Join us for activities based on #6 – Rhyme Time, of the 50 Things to do before you're 5 app. To find out more log into the app.</i> To book, please call, 01223 728118 or email us.	B £	The Fields Child and Family Centre
Clothing Bank 10am – 11.30am	Weekly	An opportunity to exchange your child's clothes. Please bring any 0-5 children's clothes in good, clean condition that you would like to swap. If you do not have anything to exchange yet, please still come along and you can choose up to ten items on your first visit to get you started. No booking required.		The Fields Child and Family Centre

B = Booking Required, R = Invite Only, £ = Charge applies

Friday continued

Sensory Babies 10am – 11.30am	24 April	Fun- filled sensory sessions for babies who are pre-mobile. Activities aimed at helping children to develop and improve their motor skills, co-ordination and concentration. To book, please call, 01223 728118 or email us.	B £	Chesterton Child and Family Centre
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Saturday

Something on a Saturday 9.30am – 11.30am	25 April	Special themed Stay and play session for parents who are unable to attend weekday groups with children. Suitable for children from birth to 10 years. To book, please call or email us.	B £	North Cambridge Child and Family Centre
Grove Swimming Session 1: 10am - 11am Session 2: 11am – 12pm	Weekly - term time only	Open swim. £3 per adult, £1.50 per child, Concessions are available, ask Centre Staff for details. Booking required via the Child & Family Centre. Maximum of 2 children per adult. Pay by cash on day.	B	Grove Community Primary School

Education Inclusion Family Advisor Team Transition to Primary School Workshops

The EIFA team would like to present our Transition to Primary School online workshops for May.

Please ensure you book onto each workshop individually by clicking on the link or scanning the QR code and completing the registration form.

Transition to Primary School	Thursday, 7 May 2026, 12:00-14:00	Book onto this workshop at: Microsoft Virtual Events Powered by Teams or 
Transition to Primary School	Monday, 18 May 2026, 12:00-14:00	Book onto this workshop at: Microsoft Virtual Events Powered by Teams or 
Transition to Primary School	Wednesday, 20 May 2026, 12:00-14:00	Book onto this workshop at: Microsoft Virtual Events Powered by Teams or 

If you have any questions about our workshops, or the EIFA service in general, please contact earlyintervention@cambridgeshire.gov.uk



	<p>We offer our Bookstart programme to those families whose children may need support developing their communication skills. If you are interested, please contact for a chat with one of our staff.</p>
<p><i>50 Things to do Before You're 5</i></p> 	<p>'50 Things to Do Before You're 5' seeks to help every child reach important health, learning and wellbeing milestones. We will be sharing activity ideas from the <i>50 Things to Do</i> app, that you can use in your everyday routine you're your children. The ideas are very simple and require low or no cost. Download the free 50 Things to Do Before You're 5 app for a menu of exciting activities for families with young children.</p>
	<p>Five to Thrive 'The things you do every day that help your child's growing brain' We will be sharing activity ideas to help you use <i>Five to Thrive</i> in your everyday routine with your baby. The ideas are very simple and can be recreated using items you already have around the house!</p>
<p><i>Breastfeeding Support</i></p>	<p>Information on support available locally can be found by visiting: www.facebook.com/CambridgeshireInfantFeeding</p>
<p><i>Midwifery clinics – by appointment only</i></p>	<p>Emerald Team – 01223 586787 Eden Team – 01223 739376</p>
<p><i>Are you concerned about the safety of a child?</i></p>	<p>If a child is at risk of harm, or you are concerned about the safety of a child, please call the Contact Centre on 0345 045 5203 between 8am and 6pm, Monday to Friday. If it is outside office hours or at the weekend, call the First Response and Emergency Duty Team on 01733 234724, or the police on 999.</p>
<p><i>Support for young people</i></p>	<p>Keep Your Head: A new young people's mental health website for young people and their parents/carers living in Peterborough and Cambridgeshire. The site is universally accessible and is a central point for finding good quality local and national information on keeping well, self-help, and support services covering a range of issues. www.keep-your-head.com</p>

Opening Times

North Cambridge Child and Family Centre, Campkin Road, Cambridge, CB4 2LD	The Fields Child and Family Centre, Galfrid Road, Cambridge, CB5 8ND
Monday: 9.30am - 2.30pm Tuesday: 9.30am - 2.30pm Wednesday: 9.30am - 4pm Thursday: 9.30am - 2.30pm Friday: 9.30am - 2.30pm	Monday – Friday 9am - 4pm
Chesterton Child and Family Centre, Shirley Community Primary School, Nuffield Road, Cambridge, CB4 1TF	Fawcett Child and Family Zone, Fawcett Primary School, Alpha Terrace, Trumpington, CB2 9FS
Monday: 10am - 4pm Tuesday: 1pm - 4pm Wednesday: 1pm - 4pm Thursday: 10am - 12.30pm	Tuesdays 9am - 12pm
Bewick Bridge Child and Family Zone, Bewick Bridge Community Primary School, Fulbourn Old Drift, CB1 9ND	
Thursdays 9am - 1.30pm	

Get in Touch	
North Cambridge Child and Family Centre 01223 728118	The Fields Child and Family Centre 01223 728118
Chesterton Child and Family Centre 01223 728118	Fawcett Child and Family Zone 01223 728118

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