

GIRLS RUGBY

Our goal is very simple and that is to get as many girls involved in rugby as possible.



**SHELFORD
RUGBY CLUB**



Shelford Rugby Club are launching **Project 11**

It's a training programme being run every Wednesday evening (5-6pm) from the 1st of May to end of July, and is to help introduce girls aged 10, 11 and 12 to rugby.

Plus, it's completely **Free!**

Free tea and coffee will also be on offer for parents and our bar will be open for other beverages.

For more information contact

**Charlie Whalley, U12 Girls Team Manager, at charlenefloate@hotmail.com
www.shelfordrugby.co.uk**

COME JOIN IN THE FUN



For more details on other activities for Girls at our rugby club please visit our club's website

www.shelfordrugby.co.uk