



Free Healthy Relationship courses for parents

All relationships have their ups and downs, but if parents are regularly arguing in front of their children, it can have negative and lasting consequences. Help is available for parents who want to communicate in a healthier way. Family Hubs are running courses to support parents who would like to improve the relationship with their partner or ex-partner. Courses bookable directly via the QR code.

****JUNE/JULY 2025****

SUMMER TERM ONLINE: Improve the communication with your partner to support your children (Arguing Better). Online Via Teams Monday 2nd June and Wednesday 4th June- Midday - 1pm

SUMMER TERM ONLINE: Improve the communication with your ex-partner to support your children (Getting it Right for Children). Online Via Teams, Monday 16th June and Wednesday 18th June -Midday to 1pm

SUMMER TERM ONLINE: Improve the communication with your partner to support your children (Arguing Better). Online Via Teams Wednesday 26th June and Wednesday 2nd July, 6.30pm to 7.30pm

SUMMER TERM ONLINE: Improve the communication with your ex-partner to support your children (Getting it Right for Children). Online Via Teams Wednesday 9th July and Wednesday 16th July, 6.30pm to 7.30pm

Although the Arguing Better course is most beneficial when attending as a couple, there's no requirement to both attend.

****Please note these courses are not suitable if there has been any historic or current domestic abuse. If this is your situation and you would like help on where to find domestic abuse support, please contact rplead@cambridgeshire.gov.uk ****

2025 workshop booking form

