

Have you got a couple of hours to spare a month, during the week, to take a neighbour to a health appointment? If so, please consider being a volunteer for the Trumpington and Grantchester Community Car Scheme. You can do as little or as much as you can manage, no regular commitment is needed. Every little really does help!

What you get – insurance cover, 45p a mile for petrol, the pleasure of helping a neighbour, and getting to know new people locally, and being part of a friendly team of volunteers.

We are also looking for one more Coordinator, to cover one week in six, taking calls and arranging lifts. You get to talk to all kinds of people and it's a lot of fun!

Please ring me or email if you are at all interested – Carol on 07881 812051, taglifts@gmail.com.