

Year 6 Bikeability:

Year 6 have thoroughly enjoyed taking part in Bikeability this week. They have learnt and practised a number of skills such as: different movements into and out of minor roads, learning that cars on a major road have priority, practising U turns and understanding the importance of being 'pedal ready' and familiarising themselves with road signs.



Year 5 Bikeability:

For those children who have signed up, Year 5 Bikeability will begin next week (Monday to Thursday inclusive). Please ensure that your child's bike is roadworthy (without stabilisers), has a helmet and suitable clothing for the weather conditions. Your child will be in a small group cycling in the playground for a whole morning or afternoon each day. Please find guidance on checking your child's bike here:

<https://outspokentraining.co.uk/parental-information/>

Parent Consultations:

These will be held in the week beginning the 6th November. The meetings will be virtual and we hope that families will make the most of this opportunity to discuss their children's progress with the teachers. Appointments can be made online; the link for this will be made available soon.

Nursery Hours:

We can offer 15 hours that are free for all children over the age of 3yrs old. We can also offer 30 free hours for eligible parents. To check eligibility click on the following link:

<https://www.gov.uk/apply-30-hours-free-tax-free-childcare>.

If you are interested in a Nursery place for your child, then please contact the school office.

Secondary School Application:

If your child is in Year 6, the deadline for secondary school applications is 31st October. **This is something that must be completed by families. The school does not make these applications.** Further information about the process and how to complete your application can be found at:

<https://www.cambridgeshire.gov.uk/residents/children-and-families/schools-learning/apply-for-a-school-place/secondary-school>

Dates and Events

Term Dates:

These can be found on our website using the link:
<https://www.trumpington-federation.co.uk/page/?title=Term+Dates&pid=133>

Year 5 Bikeability 9th - 12th October

Non uniform Day Friday 13th October

Michael Rosen Visit
Monday 16th October -
afternoon
Years 4, 5 and 6 at
Trumpington Meadows

Year 6 Trip to Duxford Friday 20th October

Half term 23rd - 27th October

Back to school Monday 30th October

Open Classrooms Wednesday 1 November, 3:10 - 4pm

Parent Consultations W/b 6th November

The link for appointments will be available shortly

Children in Need Friday 17th November

Year 4 trip to the Fitzwilliam Museum Wednesday 22 November

Tips for Supporting your Child at School:

We all know how hard it is to come back to school after the long summer break – a new class, a new teacher, different routines, changes in friendship groups etc. Here are a few tips that might help:

Bedtimes

Chat to your child about the importance of getting a good night's sleep. Tiredness is inevitable at the beginning of term but there are things that can help promote good sleep patterns. Turn off screens and devices a good half an hour before 'lights out' so your child has a chance to wind down. Stick to a consistent bedtime routine – it could involve a bath, reading a book together and taking time to tuck them in. It is often at bedtime that children might chat to you about their day so it is important to set aside time for this.

Mornings

If your child finds mornings hard then think about laying everything out the night before. This can lead to a calm start to the day and therefore a better start to school.

Talking about School

Recognise that your child will probably not tell you much straight after leaving school. They've been talking and socialising all day! Find a good time to ask some simple questions like: Who did you play with today? What lessons did you have? Did anything make you laugh? What did you enjoy?

Try and stay positive even if you, as the parent, are feeling anxious. Reassure your child that some days are better than others, friendships can be wonderful but also tricky at times and that it takes time to feel settled in a new class. This is all normal! Alongside building their positive sense of self and a resilient attitude, it is important to reinforce the fact that there is always someone to listen when things go wrong both at home and at school.

Not Wanting to Go to School

Supporting your child when they are reluctant to go to school can be draining and worrying. Remain positive and reassure your child. They may say they are feeling unwell but sometimes this is just because they are tired or nervous. Most of the time they are fine when they have said goodbye and are with their friends.

Attendance

School is important – research clearly shows that good attendance leads to better academic outcomes. We want all children to see the importance and value of attending school therefore it is essential they turn up every day unless they are unwell and need to stay in bed. If you are unsure, then send them in and we will phone you if symptoms worsen or persist.

Please speak to your child's class teacher if you want to talk through any of the above.

Giraffe Project:

We are very excited to be involved in the 'Standing Tall' project. The Break Charity hopes that 'as you gaze up at the giraffes in Spring 2024 you see them as we do: a representation of Break, standing tall for young people with care experience and telling them that the sky is never the limit.' We are asking children to help with the design of the giraffe and each child has received a blank template. Here are some suggestions to inspire your giraffe design: think about our school vision and values and what makes us special. Maybe include our logo or the values tree, or aiming high and reaching for the stars? Other things you may wish to consider, could you include some local history about Trumpington? Do you have a favourite artist that you have learnt about in school? Can you design in the style of your favourite artist? Have a think and get designing! Please remember to label your design so Mrs Calverley can understand your thinking and return your creative ideas back by Wednesday 11th October 2023. You can give your designs to your teacher, the main office or Mrs Calverley's office. To find out more about the project visit

<https://www.break-charity.org/cambridge-standing-tall/>

