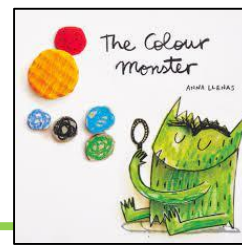


OCTOBER

in Reception



Focus on Personal, Social and Emotional Development

Who we are (personal), how we get along with others (social) and how we feel (emotional) are foundations that form the bedrock of our lives. As we move through life, we are continually developing our sense of self as we weave a web of relationships with self, others and with the world.

Personal, Social and Emotional Development is fundamental to all other aspects of lifelong development and learning, and is key to children's wellbeing and resilience.

In reception we ensure the classroom environments offer lots of opportunities for children to talk, work together, share and solve problems.

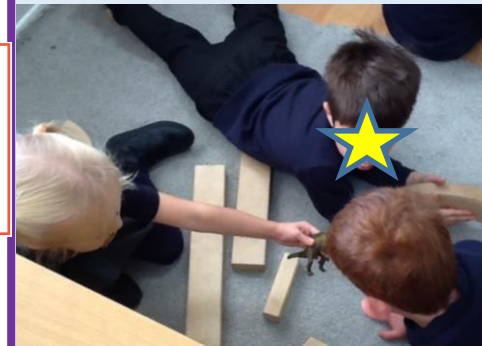


Reception have been enjoying the 'Colour Monster' story and have spent time thinking about their feelings, how to manage them and how to spot how others are feeling.



I am learning to...

- be proud of myself and know I am important as an individual person.
- play fairly and cooperate with my friends.
- to listen to others and be kind and caring.
- express my feelings and be aware of other peoples' feelings.
- keep on going with something even when I find it challenging.
- recognise and talk about how I am feeling and know ways to help myself feel calm.
- think about how other people are feeling in different situations.
- manage my own personal hygiene.



Sometimes we are able to work things out for ourselves but we often need support to learn how to problem solve.